

# Eindhoven Trofee

IJssportcentrum Eindhoven - Eindhoven

25 en 26 november 2017

## 2. Rituitslag HC 5000 meter

		Naam		Cat		PR		Tijd Info
1	wt	51	<b>Roel Hamers</b>		HN1	7:33.16		<b>7:34.75</b>
	rd	30	<b>Vincent Oudshoorn</b>		HN3	7:07.50		<b>7:26.42</b>
		<b>Roel Hamers</b>			<b>Vincent Oudshoorn</b>			
		200m	20.93	(20.9)	200m	20.10	(20.1)	
		600m	55.04	(34.1)	600m	53.17	(33.0)	
		1000m	1:29.42	(34.4)	1000m	1:27.46	(34.3)	
		1400m	2:04.97	(35.5)	1400m	2:01.98	(34.5)	
		1800m	2:40.71	(35.8)	1800m	2:36.69	(34.7)	
		2200m	3:16.98	(36.2)	2200m	3:11.66	(35.0)	
		2600m	3:53.29	(36.3)	2600m	3:46.85	(35.2)	
		3000m	4:29.97	(36.7)	3000m	4:22.42	(35.6)	
		3400m	5:06.57	(36.6)	3400m	4:58.36	(35.9)	
		3800m	5:43.40	(36.9)	3800m	5:35.04	(36.7)	
		4200m	6:20.17	(36.7)	4200m	6:11.92	(36.9)	
		4600m	6:57.81	(37.7)	4600m	6:48.96	(37.0)	
		5000m	7:34.75	(36.9)	5000m	7:26.42	(37.5)	

		Naam		Cat		PR		Tijd Info
2	gl	12	<b>Wesly Dijs</b>		HN3	6:46.87		<b>WDR</b>
	bl							
		<b>Wesly Dijs</b>						
					m			

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		Naam			Cat			PR	Tijd Info
3	wt	50	<b>Pieter de Munck</b>		HSA			7:04.72	<b>7:30.38</b>
	rd	49	<b>Fausto Hubner</b>		HN1			7:10.00	<b>7:23.35</b>
		<b>Pieter de Munck</b>			<b>Fausto Hubner</b>				
		200m	20.54	(20.5)	200m	20.50	(20.5)		
		600m	54.92	(34.4)	600m	52.77	(32.2)		
		1000m	1:30.44	(35.5)	1000m	1:26.09	(33.3)		
		1400m	2:06.07	(35.6)	1400m	2:00.55	(34.5)		
		1800m	2:41.83	(35.8)	1800m	2:34.64	(34.1)		
		2200m	3:17.74	(35.9)	2200m	3:09.14	(34.5)		
		2600m	3:53.55	(35.8)	2600m	3:43.73	(34.6)		
		3000m	4:28.94	(35.4)	3000m	4:19.10	(35.4)		
		3400m	5:04.30	(35.4)	3400m	4:55.23	(36.1)		
		3800m	5:40.07	(35.7)	3800m	5:32.32	(37.1)		
		4200m	6:16.63	(36.6)	4200m	6:09.48	(37.1)		
		4600m	6:53.41	(36.8)	4600m	6:46.71	(37.3)		
		5000m	7:30.38	(36.9)	5000m	7:23.35	(36.6)		

		Naam			Cat			PR	Tijd Info
4	gl	7	<b>Hanno Dahmen</b>		HN1			6:41.89	<b>7:06.24</b>
	bl	19	<b>Sybe van Hijum</b>		HSA			7:39.31	<b>7:59.53</b>
		<b>Hanno Dahmen</b>			<b>Sybe van Hijum</b>				
		200m	19.83	(19.8)	200m	23.71	(23.7)		
		600m	52.11	(32.3)	600m	1:00.87	(37.1)		
		1000m	1:24.45	(32.3)	1000m	1:39.22	(38.4)		
		1400m	1:57.33	(32.9)	1400m	2:17.31	(38.1)		
		1800m	2:30.45	(33.1)	1800m	2:55.19	(37.8)		
		2200m	3:03.71	(33.3)	2200m	3:33.41	(38.3)		
		2600m	3:36.99	(33.2)	2600m	4:11.55	(38.1)		
		3000m	4:10.53	(33.6)	3000m	4:48.79	(37.2)		
		3400m	4:44.26	(33.7)	3400m	5:26.56	(37.8)		
		3800m	5:18.80	(34.6)	3800m	6:04.56	(38.0)		
		4200m	5:53.97	(35.1)	4200m	6:42.82	(38.3)		
		4600m	6:29.96	(36.0)	4600m	7:21.41	(38.6)		
		5000m	7:06.24	(36.3)	5000m	7:59.53	(38.1)		

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		Naam			Cat			PR	Tijd Info
5	wt	39	<b>Tom Terpstra</b>		HSA			6:49.75	<b>7:00.73</b>
	rd	47	<b>Luc Heine</b>		HN1			6:56.50	<b>7:14.51</b>
		<b>Tom Terpstra</b>			<b>Luc Heine</b>				
		200m	19.43	(19.4)	200m	19.52	(19.5)		
		600m	51.55	(32.1)	600m	51.87	(32.3)		
		1000m	1:24.92	(33.4)	1000m	1:25.28	(33.4)		
		1400m	1:59.31	(34.4)	1400m	1:58.84	(33.6)		
		1800m	2:33.43	(34.1)	1800m	2:32.22	(33.4)		
		2200m	3:06.83	(33.4)	2200m	3:05.68	(33.4)		
		2600m	3:40.84	(34.0)	2600m	3:39.54	(33.9)		
		3000m	4:14.37	(33.5)	3000m	4:13.68	(34.1)		
		3400m	4:47.67	(33.3)	3400m	4:48.42	(34.8)		
		3800m	5:21.00	(33.4)	3800m	5:23.97	(35.5)		
		4200m	5:54.82	(33.8)	4200m	6:00.30	(36.4)		
		5000m	7:00.73	(65.9)	4600m	6:37.21	(36.9)		
					5000m	7:14.51	(37.3)		

		Naam			Cat			PR	Tijd Info
6	gl	33	<b>Richard van Schie</b>		HSA			6:51.46	<b>7:10.11</b>
	bl	48	<b>Wiebe Stassen</b>		HN2			7:00.66	<b>7:22.89</b>
		<b>Richard van Schie</b>			<b>Wiebe Stassen</b>				
		200m	19.59	(19.5)	200m	20.49	(20.4)		
		600m	51.78	(32.2)	600m	52.89	(32.4)		
		1000m	1:24.39	(32.6)	1000m	1:26.17	(33.3)		
		1400m	1:57.57	(33.2)	1400m	1:59.75	(33.6)		
		1800m	2:31.10	(33.6)	1800m	2:34.07	(34.3)		
		2200m	3:04.80	(33.7)	2200m	3:09.07	(35.0)		
		2600m	3:38.77	(33.9)	2600m	3:44.47	(35.4)		
		3000m	4:13.04	(34.3)	3000m	4:20.43	(36.0)		
		3400m	4:47.83	(34.8)	3400m	4:56.73	(36.3)		
		3800m	5:22.90	(35.1)	3800m	5:33.30	(36.6)		
		4200m	5:58.20	(35.3)	4200m	6:10.20	(36.9)		
		4600m	6:34.01	(35.8)	4600m	6:46.86	(36.6)		
		5000m	7:10.11	(36.1)	5000m	7:22.89	(36.0)		

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		Naam			Cat			PR	Tijd Info
7	wt	10	<b>Nino van Dijk</b>		HN1			6:49.40	<b>7:07.44</b>
	rd	9	<b>Adne van Diest</b>		HA2			7:02.74	<b>7:22.10</b>
		<b>Nino van Dijk</b>			<b>Adne van Diest</b>				
		200m	19.06	(19.0)	200m	19.33	(19.3)		
		600m	51.05	(32.0)	600m	51.46	(32.1)		
		1000m	1:23.65	(32.6)	1000m	1:25.11	(33.7)		
		1400m	1:56.77	(33.1)	1400m	1:59.08	(33.9)		
		1800m	2:29.97	(33.2)	1800m	2:33.29	(34.2)		
		2200m	3:03.04	(33.1)	2200m	3:07.67	(34.4)		
		2600m	3:36.56	(33.5)	2600m	3:42.68	(35.0)		
		3000m	4:10.78	(34.2)	3000m	4:18.13	(35.5)		
		3400m	4:45.28	(34.5)	3400m	4:54.13	(36.0)		
		3800m	5:20.33	(35.1)	3800m	5:30.68	(36.5)		
		4200m	5:55.59	(35.2)	4200m	6:07.36	(36.7)		
		4600m	6:31.48	(35.9)	4600m	6:44.32	(37.0)		
		5000m	7:07.44	(36.0)	5000m	7:22.10	(37.8)		

		Naam			Cat			PR	Tijd Info
8	gl	13	<b>Jorick Duijzer</b>		HN1			6:49.16	<b>7:07.55</b>
	bl	16	<b>Jan Hamers</b>		HN2			6:50.75	<b>7:07.60</b>
		<b>Jorick Duijzer</b>			<b>Jan Hamers</b>				
		200m	19.08	(19.0)	200m	19.56	(19.5)		
		600m	51.54	(32.5)	600m	52.20	(32.7)		
		1000m	1:25.00	(33.5)	1000m	1:25.48	(33.2)		
		1400m	1:58.76	(33.7)	1400m	1:59.30	(33.9)		
		1800m	2:32.29	(33.5)	1800m	2:32.66	(33.3)		
		2200m	3:06.05	(33.8)	2200m	3:06.27	(33.6)		
		2600m	3:39.77	(33.7)	2600m	3:40.09	(33.8)		
		3000m	4:13.92	(34.2)	3000m	4:14.27	(34.2)		
		3400m	4:48.17	(34.2)	3400m	4:48.67	(34.4)		
		3800m	5:22.77	(34.6)	3800m	5:23.43	(34.8)		
		4200m	5:57.58	(34.8)	4200m	5:58.34	(34.9)		
		4600m	6:32.82	(35.3)	4600m	6:33.34	(35.0)		
		5000m	7:07.55	(34.7)	5000m	7:07.60	(34.3)		

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		Naam			Cat			PR	Tijd Info
9	wt	17	<b>Kees Heemskerk</b>		HN4			6:41.89	<b>6:57.06</b>
	rd	15	<b>Olof Gerritsen</b>		HN3			6:51.01	<b>7:17.58</b>
		<b>Kees Heemskerk</b>			<b>Olof Gerritsen</b>				
		200m	19.47	(19.4)	200m	18.68	(18.6)		
		600m	52.47	(33.0)	600m	51.09	(32.4)		
		1000m	1:25.74	(33.3)	1000m	1:25.15	(34.1)		
		1400m	1:58.62	(32.9)	1400m	1:58.85	(33.7)		
		1800m	2:31.19	(32.5)	1800m	2:32.72	(33.9)		
		2200m	3:03.64	(32.5)	2200m	3:06.70	(34.0)		
		2600m	3:36.37	(32.7)	2600m	3:40.81	(34.1)		
		3000m	4:09.18	(32.8)	3000m	4:15.58	(34.7)		
		3400m	4:42.18	(33.0)	3400m	4:51.66	(36.1)		
		3800m	5:15.54	(33.4)	3800m	5:28.78	(37.1)		
		4200m	5:49.19	(33.6)	4200m	6:05.07	(36.3)		
		4600m	6:22.93	(33.8)	4600m	6:41.53	(36.5)		
		5000m	6:57.06	(34.1)	5000m	7:17.58	(36.0)		

		Naam			Cat			PR	Tijd Info
10	gl	29	<b>Ronald Ligtenberg</b>		HN3			6:47.86	<b>7:08.32</b>
	bl	42	<b>Bart Vreugdenhil</b>		HN3			6:41.46	<b>6:59.33</b>
		<b>Ronald Ligtenberg</b>			<b>Bart Vreugdenhil</b>				
		200m	19.80	(19.8)	200m	19.88	(19.8)		
		600m	52.85	(33.0)	600m	52.62	(32.8)		
		1000m	1:26.13	(33.3)	1000m	1:25.90	(33.3)		
		1400m	1:59.52	(33.4)	1400m	1:59.19	(33.2)		
		1800m	2:33.03	(33.5)	1800m	2:32.54	(33.4)		
		2200m	3:06.66	(33.6)	2200m	3:06.04	(33.5)		
		2600m	3:40.54	(33.9)	2600m	3:39.49	(33.4)		
		3000m	4:14.39	(33.8)	3000m	4:12.98	(33.5)		
		3400m	4:48.30	(34.0)	3400m	4:46.38	(33.4)		
		3800m	5:22.48	(34.1)	3800m	5:19.66	(33.3)		
		4200m	5:57.23	(34.8)	4200m	5:52.88	(33.2)		
		4600m	6:32.30	(35.1)	4600m	6:26.24	(33.4)		
		5000m	7:08.32	(36.0)	5000m	6:59.33	(33.1)		

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		Naam			Cat			PR	Tijd Info
11	wt	36	<b>Tijmen Snel</b>		HN1			6:44.76	<b>6:59.64</b>
	rd	46	<b>Mark Ooijevaar</b>		HSB			6:24.56	<b>7:00.32</b>
		<b>Tijmen Snel</b>			<b>Mark Ooijevaar</b>				
		200m	19.25	(19.2)	200m	20.83	(20.8)		
		600m	51.52	(32.3)	600m	52.97	(32.1)		
		1000m	1:24.45	(32.9)	1000m	1:25.63	(32.7)		
		1400m	1:57.67	(33.2)	1400m	1:58.87	(33.2)		
		1800m	2:30.77	(33.1)	1800m	2:31.89	(33.0)		
		2200m	3:04.07	(33.3)	2200m	3:05.24	(33.4)		
		2600m	3:37.68	(33.6)	2600m	3:38.89	(33.6)		
		3000m	4:11.30	(33.7)	3000m	4:12.57	(33.7)		
		3400m	4:45.20	(33.9)	3400m	4:46.38	(33.8)		
		3800m	5:18.91	(33.7)	3800m	5:20.18	(33.8)		
		4200m	5:52.63	(33.7)	4200m	5:53.80	(33.7)		
		4600m	6:26.87	(34.2)	4600m	6:27.15	(33.3)		
		5000m	6:59.64	(32.8)	5000m	7:00.32	(33.2)		

		Naam			Cat			PR	Tijd Info
12	gl	26	<b>Joes Klijnsoon</b>		HN1			6:46.45	<b>7:04.38</b>
	bl	28	<b>Jeffrey Kors</b>		HN3			6:47.53	<b>7:10.69</b>
		<b>Joes Klijnsoon</b>			<b>Jeffrey Kors</b>				
		200m	19.96	(19.9)	200m	19.58	(19.5)		
		600m	52.45	(32.5)	600m	52.58	(33.0)		
		1000m	1:25.32	(32.9)	1000m	1:26.03	(33.5)		
		1400m	1:58.62	(33.3)	1400m	1:59.46	(33.4)		
		1800m	2:32.20	(33.6)	1800m	2:32.67	(33.2)		
		2200m	3:05.74	(33.5)	2200m	3:05.97	(33.3)		
		2600m	3:38.84	(33.1)	2600m	3:39.46	(33.5)		
		3000m	4:12.45	(33.6)	3000m	4:13.45	(34.0)		
		3400m	4:46.42	(34.0)	3400m	4:48.10	(34.7)		
		3800m	5:20.67	(34.2)	3800m	5:23.20	(35.1)		
		4200m	5:55.50	(34.9)	4200m	5:59.05	(35.8)		
		4600m	6:29.92	(34.4)	4600m	6:35.04	(36.0)		
		5000m	7:04.38	(34.4)	5000m	7:10.69	(35.6)		

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		Naam			Cat			PR	Tijd Info
13	wt	6	<b>Gerwin Colje</b>		HN4			6:43.73	<b>7:06.52</b>
	rd	18	<b>Rick van Hemert</b>		HSB			6:46.22	<b>7:18.09</b>
		<b>Gerwin Colje</b>			<b>Rick van Hemert</b>				
		200m	19.59	(19.5)	200m	20.07	(20.0)		
		600m	52.02	(32.5)	600m	52.55	(32.5)		
		1000m	1:24.77	(32.7)	1000m	1:26.21	(33.7)		
		1400m	1:57.89	(33.1)	1400m	2:00.40	(34.2)		
		1800m	2:31.10	(33.3)	1800m	2:34.60	(34.2)		
		2200m	3:04.46	(33.3)	2200m	3:08.88	(34.2)		
		2600m	3:38.16	(33.7)	2600m	3:43.40	(34.6)		
		3000m	4:11.99	(33.8)	3000m	4:18.38	(34.9)		
		3400m	4:46.37	(34.4)	3400m	4:53.26	(34.9)		
		3800m	5:20.89	(34.5)	3800m	5:28.61	(35.4)		
		4200m	5:56.01	(35.2)	4200m	6:04.70	(36.1)		
		4600m	6:30.98	(34.9)	4600m	6:41.38	(36.6)		
		5000m	7:06.52	(35.6)	5000m	7:18.09	(36.7)		

		Naam			Cat			PR	Tijd Info
14	gl	11	<b>Lex Dijkstra</b>		HN3			6:30.14	<b>6:41.83</b>
	bl	38	<b>Marwin Talsma</b>		HN1			6:20.84	<b>6:40.89</b>
		<b>Lex Dijkstra</b>			<b>Marwin Talsma</b>				
		200m	19.05	(19.0)	200m	20.03	(20.0)		
		600m	50.50	(31.5)	600m	51.29	(31.2)		
		1000m	1:22.22	(31.7)	1000m	1:22.39	(31.1)		
		1400m	1:53.77	(31.5)	1400m	1:53.58	(31.2)		
		1800m	2:25.38	(31.6)	1800m	2:24.95	(31.4)		
		2200m	2:57.18	(31.8)	2200m	2:56.08	(31.1)		
		2600m	3:29.03	(31.9)	2600m	3:27.10	(31.1)		
		3000m	4:01.11	(32.1)	3000m	3:58.23	(31.1)		
		3400m	4:33.34	(32.2)	3400m	4:30.32	(32.1)		
		3800m	5:05.49	(32.1)	3800m	5:02.90	(32.6)		
		4200m	5:37.76	(32.3)	4200m	5:35.40	(32.5)		
		4600m	6:09.92	(32.2)	4600m	6:08.32	(32.9)		
		5000m	6:41.83	(31.9)	5000m	6:40.89	(32.5)		

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		Naam			Cat			PR	Tijd Info
15	wt	14	<b>Thomas Geerdinck</b>		HN3			6:27.46	<b>6:47.25</b>
	rd	44	<b>Jos de Vos</b>		HSA			6:22.72	<b>6:39.41</b>
		<b>Thomas Geerdinck</b>			<b>Jos de Vos</b>				
		200m	18.94	(18.9)	200m	19.51	(19.5)		
		600m	49.73	(30.8)	600m	49.77	(30.2)		
		1000m	1:20.68	(30.9)	1000m	1:20.96	(31.2)		
		1400m	1:52.13	(31.5)	1400m	1:52.14	(31.2)		
		1800m	2:23.85	(31.7)	1800m	2:23.36	(31.2)		
		2200m	2:56.10	(32.3)	2200m	2:55.00	(31.7)		
		2600m	3:28.56	(32.4)	2600m	3:26.81	(31.8)		
		3000m	4:01.33	(32.8)	3000m	3:58.51	(31.7)		
		3400m	4:34.36	(33.0)	3400m	4:30.45	(31.9)		
		3800m	5:07.10	(32.8)	3800m	5:02.66	(32.2)		
		4200m	5:40.08	(32.9)	4200m	5:34.86	(32.2)		
		4600m	6:13.59	(33.5)	4600m	6:07.28	(32.4)		
		5000m	6:47.25	(33.7)	5000m	6:39.41	(32.2)		

		Naam			Cat			PR	Tijd Info
16	gl	21	<b>Chris Huizinga</b>		HN1			6:23.35	<b>6:40.68</b>
	bl	22	<b>Jeroen Janissen</b>		HN1			6:38.91	<b>6:55.50</b>
		<b>Chris Huizinga</b>			<b>Jeroen Janissen</b>				
		200m	19.19	(19.1)	200m	19.43	(19.4)		
		600m	51.21	(32.1)	600m	51.53	(32.1)		
		1000m	1:22.87	(31.6)	1000m	1:24.02	(32.5)		
		1400m	1:54.98	(32.1)	1400m	1:56.65	(32.6)		
		1800m	2:26.84	(31.9)	1800m	2:29.48	(32.8)		
		2200m	2:58.44	(31.6)	2200m	3:02.50	(33.1)		
		2600m	3:30.26	(31.8)	2600m	3:35.59	(33.0)		
		3000m	4:01.92	(31.7)	3000m	4:08.54	(33.0)		
		3400m	4:33.36	(31.4)	3400m	4:41.35	(32.8)		
		3800m	5:04.83	(31.5)	3800m	5:14.33	(33.0)		
		4200m	5:36.60	(31.8)	4200m	5:47.75	(33.4)		
		4600m	6:08.68	(32.0)	4600m	6:21.45	(33.7)		
		5000m	6:40.68	(32.0)	5000m	6:55.50	(34.1)		