

# Eindhoven Trofee - Selectie KPN NK Allround

IJssportcentrum Eindhoven - Eindhoven

26 en 27 november 2016

## 4. Rituitslag 3000 meter

		Naam		Cat		PR		Tijd	Info
1	wt	38	<b>Floran Bathoorn</b>		HN3		4:05.38	<b>4:10.59</b>	
	rd	10	<b>André Los</b>		HSA		4:01.48	<b>4:20.47</b>	
		<b>Floran Bathoorn</b>			<b>André Los</b>				
		200m	20.30	(20.3)	200m	20.36	(20.3)		
		600m	51.45	(31.1)	600m	52.10	(31.8)		
		1000m	1:23.51	(32.1)	1000m	1:25.31	(33.2)		
		1400m	1:56.09	(32.5)	1400m	1:59.50	(34.2)		
		1800m	2:29.22	(33.2)	1800m	2:34.15	(34.6)		
		2200m	3:02.58	(33.3)	2200m	3:09.65	(35.5)		
		2600m	3:36.35	(33.8)	2600m	3:45.20	(35.6)		
		3000m	4:10.59	(34.2)	3000m	4:20.47	(35.2)		

		Naam		Cat		PR		Tijd	Info
2	gl								
	bl								
		m			m				

		Naam		Cat		PR		Tijd	Info
3	wt	37	<b>Maarten van Oosterhout</b>		HN1		3:59.07	<b>4:14.48</b>	
	rd	35	<b>Jeffrey Kors</b>		HN2		4:04.03	<b>4:13.23</b>	
		<b>Maarten van Oosterhout</b>			<b>Jeffrey Kors</b>				
		200m	20.14	(20.1)	200m	20.02	(20.0)		
		600m	52.01	(31.9)	600m	51.43	(31.4)		
		1000m	1:24.17	(32.1)	1000m	1:23.53	(32.1)		
		1400m	1:56.96	(32.8)	1400m	1:56.27	(32.7)		
		1800m	2:30.47	(33.5)	1800m	2:29.77	(33.5)		
		2200m	3:05.16	(34.7)	2200m	3:03.57	(33.8)		
		2600m	3:39.68	(34.5)	2600m	3:38.20	(34.7)		
		3000m	4:14.48	(34.8)	3000m	4:13.23	(35.0)		

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		Naam		Cat		PR		Tijd	Info
4	gl	7	<b>Joeri Groot</b>		HN4		4:04.49	<b>4:10.68</b>	
	bl	31	<b>Ruben Kieftenburg</b>		HA2		4:02.75	<b>4:09.02</b>	
		<b>Joeri Groot</b>			<b>Ruben Kieftenburg</b>				
		200m	19.87	(19.8)	200m	19.60	(19.6)		
		600m	51.98	(32.1)	600m	51.02	(31.4)		
		1000m	1:25.09	(33.1)	1000m	1:23.72	(32.7)		
		1400m	1:58.44	(33.4)	1400m	1:56.40	(32.7)		
		1800m	2:31.67	(33.2)	1800m	2:28.95	(32.5)		
		2200m	3:04.65	(33.0)	2200m	3:01.84	(32.9)		
		2600m	3:37.77	(33.1)	2600m	3:35.33	(33.5)		
		3000m	4:10.68	(32.9)	3000m	4:09.02	(33.7)		

		Naam		Cat		PR		Tijd	Info
5	wt	27	<b>Nino van Dijk</b>		HA2		4:00.97	<b>4:09.73</b>	
	rd	21	<b>Jan Hamers</b>		HN1		4:01.12	<b>4:11.04</b>	
		<b>Nino van Dijk</b>			<b>Jan Hamers</b>				
		200m	19.21	(19.2)	200m	19.68	(19.6)		
		600m	51.26	(32.0)	600m	51.29	(31.6)		
		1000m	1:23.78	(32.5)	1000m	1:24.02	(32.8)		
		1400m	1:56.46	(32.7)	1400m	1:57.10	(33.1)		
		1800m	2:29.29	(32.8)	1800m	2:30.57	(33.4)		
		2200m	3:02.62	(33.4)	2200m	3:04.10	(33.6)		
		2600m	3:35.97	(33.3)	2600m	3:37.77	(33.6)		
		3000m	4:09.73	(33.8)	3000m	4:11.04	(33.3)		

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		Naam		Cat		PR		Tijd	Info
6	gl	25	<b>Joes Klijnsoon</b>		HA2		3:58.24	<b>4:05.90</b>	
	bl	12	<b>Olof Gerritsen</b>		HN2		4:01.65	<b>4:12.32</b>	
			<b>Joes Klijnsoon</b>				<b>Olof Gerritsen</b>		
		200m	20.02	(20.0)		200m	19.18	(19.1)	
		600m	51.51	(31.5)		600m	50.91	(31.8)	
		1000m	1:23.54	(32.0)		1000m	1:22.47	(31.5)	
		1400m	1:56.01	(32.5)		1400m	1:54.44	(32.0)	
		1800m	2:28.09	(32.0)		1800m	2:27.13	(32.7)	
		2200m	2:59.78	(31.7)		2200m	3:01.35	(34.2)	
		2600m	3:32.41	(32.7)		2600m	3:36.56	(35.2)	
		3000m	4:05.90	(33.5)		3000m	4:12.32	(35.8)	

		Naam		Cat		PR		Tijd	Info
7	wt	8	<b>Gerwin Colje</b>		HN3		4:07.78	<b>4:04.56</b>	
	rd	14	<b>Ronald Ligtenberg</b>		HN2		3:58.66	<b>4:06.69</b>	
			<b>Gerwin Colje</b>				<b>Ronald Ligtenberg</b>		
		200m	19.09	(19.0)		200m	19.71	(19.7)	
		600m	50.13	(31.1)		600m	51.34	(31.6)	
		1000m	1:21.95	(31.8)		1000m	1:23.33	(32.0)	
		1400m	1:53.78	(31.8)		1400m	1:55.37	(32.0)	
		1800m	2:25.91	(32.2)		1800m	2:27.71	(32.4)	
		2200m	2:58.20	(32.3)		2200m	3:00.28	(32.5)	
		2600m	3:31.09	(32.8)		2600m	3:33.17	(32.9)	
		3000m	4:04.56	(33.5)		3000m	4:06.69	(33.5)	

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		Naam		Cat		PR		Tijd	Info
8	gl	18	<b>Jeroen Janissen</b>		HA2		3:56.07	<b>4:02.34</b>	
	bl	32	<b>Jort Boomhouwer</b>		HA1		3:59.25	<b>4:12.35</b>	
		<b>Jeroen Janissen</b>			<b>Jort Boomhouwer</b>				
		200m	19.37	(19.3)	200m	19.58	(19.5)		
		600m	49.81	(30.5)	600m	49.89	(30.3)		
		1000m	1:21.10	(31.3)	1000m	1:21.88	(32.0)		
		1400m	1:52.67	(31.5)	1400m	1:54.29	(32.4)		
		1800m	2:24.66	(32.0)	1800m	2:27.39	(33.1)		
		2200m	2:56.74	(32.1)	2200m	3:01.42	(34.1)		
		2600m	3:29.20	(32.5)	2600m	3:36.58	(35.1)		
		3000m	4:02.34	(33.1)	3000m	4:12.35	(35.8)		

		Naam		Cat		PR		Tijd	Info
9	wt	5	<b>Willem Hoolwerf</b>		HN3		3:49.04	<b>3:57.95</b>	
	rd	4	<b>Bart Hoolwerf</b>		HA2		3:56.17	<b>4:01.62</b>	
		<b>Willem Hoolwerf</b>			<b>Bart Hoolwerf</b>				
		200m	19.35	(19.3)	200m	19.18	(19.1)		
		600m	49.61	(30.3)	600m	49.54	(30.4)		
		1000m	1:20.35	(30.7)	1000m	1:20.90	(31.4)		
		1400m	1:51.77	(31.4)	1400m	1:52.47	(31.5)		
		1800m	2:23.22	(31.5)	1800m	2:24.45	(32.0)		
		2200m	2:54.53	(31.3)	2200m	2:56.70	(32.3)		
		2600m	3:26.09	(31.5)	2600m	3:29.18	(32.4)		
		3000m	3:57.95	(31.9)	3000m	4:01.62	(32.5)		

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		Naam		Cat		PR		Tijd	Info
10	gl	26	<b>Lex Dijkstra</b>		HN2		3:55.85	<b>4:01.36</b>	
	bl	9	<b>Victor Ramler</b>		HN1		4:01.25	<b>4:04.14</b>	
		<b>Lex Dijkstra</b>			<b>Victor Ramler</b>				
		200m	19.17	(19.1)	200m	19.30	(19.3)		
		600m	49.72	(30.6)	600m	50.05	(30.7)		
		1000m	1:20.43	(30.7)	1000m	1:21.66	(31.6)		
		1400m	1:51.93	(31.5)	1400m	1:53.97	(32.3)		
		1800m	2:23.68	(31.7)	1800m	2:26.49	(32.5)		
		2200m	2:55.72	(32.1)	2200m	2:59.19	(32.7)		
		2600m	3:28.22	(32.5)	2600m	3:31.92	(32.8)		
		3000m	4:01.36	(33.1)	3000m	4:04.14	(32.2)		

		Naam		Cat		PR		Tijd	Info
11	wt	23	<b>Kars Jansman</b>		HN3		3:50.99	<b>4:00.51</b>	
	rd	22	<b>Tijmen Snel</b>		HA2		4:02.15	<b>4:13.99</b>	
		<b>Kars Jansman</b>			<b>Tijmen Snel</b>				
		200m	19.21	(19.2)	200m	18.78	(18.7)		
		600m	50.05	(30.8)	600m	50.32	(31.6)		
		1000m	1:21.31	(31.3)	1000m	1:22.64	(32.3)		
		1400m	1:52.65	(31.3)	1400m	1:56.04	(33.4)		
		1800m	2:24.28	(31.6)	1800m	2:30.24	(34.2)		
		2200m	2:56.41	(32.2)	2200m	3:04.88	(34.6)		
		2600m	3:28.31	(31.9)	2600m	3:39.07	(34.2)		
		3000m	4:00.51	(32.2)	3000m	4:13.99	(34.9)		

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		Naam		Cat		PR		Tijd	Info
12	gl	15	<b>Kees Heemskerk</b>		HN3			3:53.24	<b>4:03.99</b>
	bl	36	<b>Bart Vreugdenhil</b>		HN2			4:02.58	<b>4:03.92</b>
		<b>Kees Heemskerk</b>			<b>Bart Vreugdenhil</b>				
		200m	19.80	(19.8)			200m	19.47	(19.4)
		600m	51.14	(31.3)			600m	50.94	(31.5)
		1000m	1:22.73	(31.6)			1000m	1:22.94	(32.0)
		1400m	1:54.82	(32.1)			1400m	1:54.91	(32.0)
		1800m	2:26.88	(32.0)			1800m	2:27.05	(32.1)
		2200m	2:59.03	(32.2)			2200m	2:59.18	(32.1)
		2600m	3:31.25	(32.2)			2600m	3:31.69	(32.5)
		3000m	4:03.99	(32.7)			3000m	4:03.92	(32.3)

		Naam		Cat		PR		Tijd	Info
13	wt	24	<b>Thomas Geerdinck</b>		HN2			3:56.70	<b>4:04.38</b>
	rd	19	<b>Louis Hollaar</b>		HA1			3:56.44	<b>DNS</b>
		<b>Thomas Geerdinck</b>			<b>Louis Hollaar</b>				
		200m	19.40	(19.4)					
		600m	50.36	(30.9)					
		1000m	1:21.29	(30.9)					
		1400m	1:53.00	(31.8)					
		1800m	2:25.21	(32.2)					
		2200m	2:57.81	(32.6)					
		2600m	3:30.73	(32.9)					
		3000m	4:04.38	(33.6)					

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		Naam		Cat		PR		Tijd	Info
14	gl	33	<b>Marcel Bosker</b>		HN1		3:50.70	<b>3:53.60</b>	
	bl	16	<b>Jos de Vos</b>		HSA		3:47.17	<b>3:54.65</b>	
		<b>Marcel Bosker</b>			<b>Jos de Vos</b>				
		200m	18.95	(18.9)	200m	19.10	(19.1)		
		600m	49.67	(30.7)	600m	49.67	(30.5)		
		1000m	1:20.54	(30.9)	1000m	1:20.72	(31.1)		
		1400m	1:51.96	(31.4)	1400m	1:51.85	(31.1)		
		1800m	2:22.98	(31.0)	1800m	2:22.89	(31.0)		
		2200m	2:53.75	(30.8)	2200m	2:53.02	(30.2)		
		2600m	3:23.79	(30.0)	2600m	3:23.44	(30.4)		
		3000m	3:53.60	(29.9)	3000m	3:54.65	(31.2)		