

# Eindhoven Trofee/HC allround

IJssportcentrum Eindhoven - Eindhoven

28 en 29 november 2015

## 3. Rituitslag Heren SB 5000 meter

		Naam		Cat		PR		Tijd	Info
1	wt rd	33	<b>Jurian de Graaff</b>		HN1		7:12.15	<b>7:54.70</b>	
			<b>Jurian de Graaff</b>						
			200m	20.83	(20.8)				m
			600m	56.46	(35.6)				
			1000m	1:33.91	(37.5)				
			1400m	2:11.55	(37.6)				
			1800m	2:49.36	(37.8)				
			2200m	3:26.47	(37.1)				
			2600m	4:03.43	(37.0)				
			3000m	4:40.70	(37.3)				
			3400m	5:18.67	(38.0)				
			3800m	5:56.77	(38.1)				
			4200m	6:35.24	(38.5)				
			4600m	7:15.02	(39.8)				
			5000m	7:54.70	(39.7)				

		Naam		Cat		PR		Tijd	Info
2	gl	8	<b>Feiko Bierman</b>		HN2		6:50.69	<b>7:19.18</b>	
	bl	19	<b>Maarten van Oosterhout</b>		HA2		7:01.56	<b>7:21.34</b>	
			<b>Feiko Bierman</b>						
			200m	19.53	(19.5)				
			600m	52.62	(33.1)				
			1000m	1:26.37	(33.8)				
			1400m	2:00.69	(34.3)				
			1800m	2:35.55	(34.9)				
			2200m	3:10.99	(35.4)				
			2600m	3:46.46	(35.5)				
			3000m	4:22.03	(35.6)				
			3400m	4:57.31	(35.3)				
			3800m	5:32.97	(35.7)				
			4200m	6:09.12	(36.2)				
			4600m	6:44.41	(35.3)				
			5000m	7:19.18	(34.8)				
			<b>Maarten van Oosterhout</b>						
			200m	20.28	(20.3)				
			600m	53.23	(33.0)				
			1000m	1:26.95	(33.7)				
			1400m	2:00.95	(34.0)				
			1800m	2:35.17	(34.2)				
			2200m	3:09.53	(34.4)				
			2600m	3:43.83	(34.3)				
			3000m	4:18.26	(34.4)				
			3400m	4:53.41	(35.2)				
			3800m	5:29.43	(36.0)				
			4200m	6:06.69	(37.3)				
			4600m	6:44.03	(37.3)				
			5000m	7:21.34	(37.3)				

# Eindhoven Trofee/HC allround

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		Naam			Cat			PR	Tijd	Info
3	wt	31	<b>Ronald Ligtenberg</b>		HN1			7:03.61	<b>7:27.39</b>	
	rd	16	<b>Peter Groen</b>		HN4			6:46.85	<b>7:13.15</b>	
		<b>Ronald Ligtenberg</b>				<b>Peter Groen</b>				
		200m	20.44	(20.4)	200m	19.55	(19.6)			
		600m	53.94	(33.5)	600m	51.56	(32.0)			
		1000m	1:28.60	(34.7)	1000m	1:24.88	(33.3)			
		1400m	2:03.34	(34.7)	1400m	1:58.38	(33.5)			
		1800m	2:38.15	(34.8)	1800m	2:32.06	(33.7)			
		2200m	3:13.44	(35.3)	2200m	3:06.40	(34.3)			
		2600m	3:48.91	(35.5)	2600m	3:40.74	(34.3)			
		3000m	4:23.80	(34.9)	3000m	4:15.04	(34.3)			
		3400m	4:59.62	(35.8)	3400m	4:50.08	(35.0)			
		3800m	5:36.15	(36.5)	3800m	5:25.59	(35.5)			
		4200m	6:12.87	(36.7)	4200m	6:01.30	(35.7)			
		4600m	6:49.76	(36.9)	4600m	6:37.17	(35.9)			
		5000m	7:27.39	(37.6)	5000m	7:13.15	(36.0)			

		Naam			Cat			PR	Tijd	Info
4	gl	7	<b>Kees Heemskerk</b>		HN2			6:53.21	<b>7:10.20</b>	
	bl	38	<b>Jeffrey Doornbusch</b>		HSA			7:10.66	<b>7:47.59</b>	
		<b>Kees Heemskerk</b>				<b>Jeffrey Doornbusch</b>				
		200m	19.99	(20.0)	200m	19.96	(20.0)			
		600m	52.90	(32.9)	600m	52.95	(33.0)			
		1000m	1:27.04	(34.1)	1000m	1:27.54	(34.6)			
		1400m	2:01.63	(34.6)	1400m	2:03.13	(35.6)			
		1800m	2:35.78	(34.2)	1800m	2:39.43	(36.3)			
		2200m	3:10.14	(34.4)	2200m	3:16.26	(36.8)			
		2600m	3:44.19	(34.1)	2600m	3:53.81	(37.6)			
		3000m	4:18.43	(34.2)	3000m	4:31.67	(37.9)			
		3400m	4:52.91	(34.5)	3400m	5:10.44	(38.8)			
		3800m	5:27.29	(34.4)	3800m	5:49.19	(38.8)			
		4200m	6:01.88	(34.6)	4200m	6:28.85	(39.7)			
		4600m	6:36.09	(34.2)	4600m	7:08.15	(39.3)			
		5000m	7:10.20	(34.1)	5000m	7:47.59	(39.4)			

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		Naam			Cat			PR	Tijd	Info
5	wt	5	<b>Maico Voets</b>		HN4			6:51.80	<b>7:15.45</b>	
	rd	1	<b>Pieter van Velde</b>		HA2			7:12.37	<b>7:37.71</b>	
		<b>Maico Voets</b>				<b>Pieter van Velde</b>				
		200m	19.49	(19.5)	200m	19.85	(19.9)			
		600m	53.41	(33.9)	600m	53.41	(33.6)			
		1000m	1:27.96	(34.6)	1000m	1:28.89	(35.5)			
		1400m	2:02.42	(34.5)	1400m	2:04.35	(35.5)			
		1800m	2:36.87	(34.5)	1800m	2:40.37	(36.0)			
		2200m	3:11.74	(34.9)	2200m	3:16.42	(36.1)			
		2600m	3:46.49	(34.8)	2600m	3:52.21	(35.8)			
		3000m	4:21.09	(34.6)	3000m	4:28.28	(36.1)			
		3400m	4:56.07	(35.0)	3400m	5:04.96	(36.7)			
		3800m	5:31.12	(35.1)	3800m	5:42.58	(37.6)			
		4200m	6:06.54	(35.4)	4200m	6:20.40	(37.8)			
		4600m	6:41.02	(34.5)	4600m	6:58.62	(38.2)			
		5000m	7:15.45	(34.4)	5000m	7:37.71	(39.1)			

		Naam			Cat			PR	Tijd	Info
6	gl	32	<b>Casper Martens</b>		HN2			7:13.44	<b>7:46.29</b>	
	bl	3	<b>Gerwin Colje</b>		HN2			7:09.47	<b>7:23.45</b>	
		<b>Casper Martens</b>				<b>Gerwin Colje</b>				
		200m	19.61	(19.6)	200m	20.11	(20.1)			
		600m	53.05	(33.4)	600m	52.73	(32.6)			
		1000m	1:28.40	(35.4)	1000m	1:26.55	(33.8)			
		1400m	2:05.00	(36.6)	1400m	2:01.43	(34.9)			
		1800m	2:41.71	(36.7)	1800m	2:36.58	(35.2)			
		2200m	3:18.61	(36.9)	2200m	3:11.92	(35.3)			
		2600m	3:56.00	(37.4)	2600m	3:46.81	(34.9)			
		3000m	4:33.93	(37.9)	3000m	4:22.19	(35.4)			
		3400m	5:12.51	(38.6)	3400m	4:58.20	(36.0)			
		3800m	5:51.40	(38.9)	3800m	5:34.62	(36.4)			
		4200m	6:29.94	(38.5)	4200m	6:10.93	(36.3)			
		4600m	7:08.25	(38.3)	4600m	6:47.26	(36.3)			
		5000m	7:46.29	(38.0)	5000m	7:23.45	(36.2)			

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		Naam			Cat	PR	Tijd	Info
7	wt	25	<b>Wesly Dijs</b>		HN1	6:47.45	<b>7:02.25</b>	
	rd	13	<b>Joès Klijnsoon</b>		HA1	7:00.99	<b>7:14.10</b>	
		<b>Wesly Dijs</b>			<b>Joès Klijnsoon</b>			
		200m	18.79	(18.8)	200m	20.49	(20.5)	
		600m	50.67	(31.9)	600m	54.33	(33.8)	
		1000m	1:23.86	(33.2)	1000m	1:28.87	(34.5)	
		1400m	1:57.36	(33.5)	1400m	2:03.29	(34.4)	
		1800m	2:31.33	(34.0)	1800m	2:37.69	(34.4)	
		2200m	3:04.96	(33.6)	2200m	3:12.16	(34.5)	
		2600m	3:38.25	(33.3)	2600m	3:46.29	(34.1)	
		3000m	4:11.82	(33.6)	3000m	4:20.55	(34.3)	
		3400m	4:45.17	(33.4)	3400m	4:54.42	(33.9)	
		3800m	5:18.75	(33.6)	3800m	5:28.75	(34.3)	
		4200m	5:52.83	(34.1)	4200m	6:03.61	(34.9)	
		4600m	6:27.49	(34.7)	4600m	6:38.84	(35.2)	
		5000m	7:02.25	(34.8)	5000m	7:14.10	(35.3)	

		Naam			Cat	PR	Tijd	Info
8	gl	11	<b>Jan Hamers</b>		HA2	6:58.83	<b>7:20.83</b>	
	bl	41	<b>Jeffrey Kors</b>		HN1	6:54.33	<b>7:26.96</b>	
		<b>Jan Hamers</b>			<b>Jeffrey Kors</b>			
		200m	19.69	(19.7)	200m	20.10	(20.1)	
		600m	53.09	(33.4)	600m	54.89	(34.8)	
		1000m	1:27.92	(34.8)	1000m	1:30.58	(35.7)	
		1400m	2:02.88	(35.0)	1400m	2:05.72	(35.1)	
		1800m	2:37.66	(34.8)	1800m	2:40.83	(35.1)	
		2200m	3:12.19	(34.5)	2200m	3:15.81	(35.0)	
		2600m	3:47.02	(34.8)	2600m	3:51.53	(35.7)	
		3000m	4:21.85	(34.8)	3000m	4:26.87	(35.3)	
		3400m	4:56.86	(35.0)	3400m	5:01.54	(34.7)	
		3800m	5:32.66	(35.8)	3800m	5:37.51	(36.0)	
		4200m	6:08.60	(35.9)	4200m	6:14.19	(36.7)	
		4600m	6:44.70	(36.1)	4600m	6:50.59	(36.4)	
		5000m	7:20.83	(36.1)	5000m	7:26.96	(36.4)	

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		Naam			Cat	PR	Tijd	Info
9	wt	4 <b>André Los</b>			HSA	6:46.19	<b>7:31.15</b>	
	rd	17 <b>Marwin Talsma</b>			HA1	7:11.24	<b>6:58.03</b>	
		<b>André Los</b>			<b>Marwin Talsma</b>			
		200m	20.55	(20.6)	200m	20.56	(20.6)	
		600m	53.83	(33.3)	600m	52.14	(31.6)	
		1000m	1:28.59	(34.8)	1000m	1:24.79	(32.7)	
		1400m	2:02.89	(34.3)	1400m	1:58.32	(33.5)	
		1800m	2:38.32	(35.4)	1800m	2:31.76	(33.4)	
		2200m	3:14.12	(35.8)	2200m	3:05.46	(33.7)	
		2600m	3:50.30	(36.2)	2600m	3:39.31	(33.9)	
		3000m	4:27.30	(37.0)	3000m	4:12.83	(33.5)	
		3400m	5:04.24	(36.9)	3400m	4:46.15	(33.3)	
		3800m	5:39.76	(35.5)	3800m	5:19.24	(33.1)	
		4200m	6:16.33	(36.6)	4200m	5:51.99	(32.8)	
		4600m	6:54.02	(37.7)	4600m	6:24.93	(32.9)	
		5000m	7:31.15	(37.1)	5000m	6:58.03	(33.1)	

		Naam			Cat	PR	Tijd	Info
10	gl	14 <b>Lex Dijkstra</b>			HN1	6:55.18	<b>7:11.27</b>	
	bl	15 <b>Wop van Cappelle</b>			HSA	6:55.24	<b>7:10.01</b>	
		<b>Lex Dijkstra</b>			<b>Wop van Cappelle</b>			
		200m	19.69	(19.7)	200m	19.56	(19.6)	
		600m	52.99	(33.3)	600m	52.53	(33.0)	
		1000m	1:26.65	(33.7)	1000m	1:26.04	(33.5)	
		1400m	2:00.39	(33.7)	1400m	1:58.74	(32.7)	
		1800m	2:34.62	(34.2)	1800m	2:31.72	(33.0)	
		2200m	3:09.45	(34.8)	2200m	3:05.42	(33.7)	
		2600m	3:44.28	(34.8)	2600m	3:39.82	(34.4)	
		3000m	4:19.03	(34.8)	3000m	4:14.00	(34.2)	
		3400m	4:53.53	(34.5)	3400m	4:48.40	(34.4)	
		3800m	5:27.94	(34.4)	3800m	5:23.44	(35.0)	
		4200m	6:02.64	(34.7)	4200m	5:58.63	(35.2)	
		4600m	6:37.21	(34.6)	4600m	6:34.38	(35.8)	
		5000m	7:11.27	(34.1)	5000m	7:10.01	(35.6)	

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		Naam			Cat			PR	Tijd	Info
11	wt	12	Kars Jansman		HN2			6:45.20	<b>6:57.02</b>	
	rd	28	Remco Schouten		HN2			6:33.22	<b>6:58.07</b>	
		<u>Kars Jansman</u>				<u>Remco Schouten</u>				
		200m	19.28	(19.3)	200m	20.21	(20.2)			
		600m	51.08	(31.8)	600m	51.63	(31.4)			
		1000m	1:22.53	(31.5)	1000m	1:23.08	(31.5)			
		1400m	1:55.02	(32.5)	1400m	1:54.87	(31.8)			
		1800m	2:27.90	(32.9)	1800m	2:27.34	(32.5)			
		2200m	3:01.14	(33.2)	2200m	3:00.48	(33.1)			
		2600m	3:34.30	(33.2)	2600m	3:33.59	(33.1)			
		3000m	4:07.43	(33.1)	3000m	4:06.43	(32.8)			
		3400m	4:41.14	(33.7)	3400m	4:39.61	(33.2)			
		3800m	5:15.10	(34.0)	3800m	5:13.52	(33.9)			
		4200m	5:49.02	(33.9)	4200m	5:47.78	(34.3)			
		4600m	6:23.50	(34.5)	4600m	6:22.94	(35.2)			
		5000m	6:57.02	(33.5)	5000m	6:58.07	(35.1)			

		Naam			Cat			PR	Tijd	Info
12	gl	9	Jeroen Janissen		HA1			6:47.45	<b>7:11.96</b>	
	bl	36	Thomas Geerdinck		HN1			6:42.04	<b>7:05.27</b>	
		<u>Jeroen Janissen</u>				<u>Thomas Geerdinck</u>				
		200m	18.70	(18.7)	200m	19.68	(19.7)			
		600m	51.81	(33.1)	600m	52.28	(32.6)			
		1000m	1:25.30	(33.5)	1000m	1:25.60	(33.3)			
		1400m	1:59.11	(33.8)	1400m	1:58.72	(33.1)			
		1800m	2:33.18	(34.1)	1800m	2:32.34	(33.6)			
		2200m	3:07.22	(34.0)	2200m	3:05.95	(33.6)			
		2600m	3:41.38	(34.2)	2600m	3:39.83	(33.9)			
		3000m	4:15.74	(34.4)	3000m	4:13.83	(34.0)			
		3400m	4:50.21	(34.5)	3400m	4:47.83	(34.0)			
		3800m	5:25.03	(34.8)	3800m	5:21.81	(34.0)			
		4200m	6:00.65	(35.6)	4200m	5:56.42	(34.6)			
		4600m	6:36.20	(35.6)	4600m	6:30.81	(34.4)			
		5000m	7:11.96	(35.8)	5000m	7:05.27	(34.5)			

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		Naam			Cat			PR	Tijd	Info
13	wt	10	<b>Mark Ooijevaar</b>		HSB			6:24.56	<b>7:12.64</b>	
	rd	2	<b>Leon van Alstede</b>		HSA			6:51.11	<b>7:13.22</b>	
		<b>Mark Ooijevaar</b>			<b>Leon van Alstede</b>					
		200m	20.53	(20.5)	200m	20.67	(20.7)			
		600m	52.98	(32.5)	600m	54.19	(33.5)			
		1000m	1:26.31	(33.3)	1000m	1:27.92	(33.7)			
		1400m	1:59.78	(33.5)	1400m	2:01.56	(33.6)			
		1800m	2:33.66	(33.9)	1800m	2:35.13	(33.6)			
		2200m	3:08.46	(34.8)	2200m	3:09.53	(34.4)			
		2600m	3:43.77	(35.3)	2600m	3:44.19	(34.7)			
		3000m	4:18.67	(34.9)	3000m	4:18.72	(34.5)			
		3400m	4:53.39	(34.7)	3400m	4:53.33	(34.6)			
		3800m	5:28.74	(35.4)	3800m	5:28.36	(35.0)			
		4200m	6:04.15	(35.4)	4200m	6:03.97	(35.6)			
		4600m	6:38.59	(34.4)	4600m	6:38.64	(34.7)			
		5000m	7:12.64	(34.1)	5000m	7:13.22	(34.6)			

		Naam			Cat			PR	Tijd	Info
14	gl	18	<b>Bart Vreugdenhil</b>		HN1			6:51.86	<b>7:24.83</b>	
	bl	29	<b>Renz Rotteveel</b>		HSA			6:20.25	<b>6:55.08</b>	
		<b>Bart Vreugdenhil</b>			<b>Renz Rotteveel</b>					
		200m	19.37	(19.4)	200m	19.59	(19.6)			
		600m	52.40	(33.0)	600m	51.51	(31.9)			
		1000m	1:26.17	(33.8)	1000m	1:23.49	(32.0)			
		1400m	2:00.35	(34.2)	1400m	1:56.05	(32.6)			
		1800m	2:34.81	(34.5)	1800m	2:28.82	(32.8)			
		2200m	3:09.84	(35.0)	2200m	3:01.70	(32.9)			
		2600m	3:45.11	(35.3)	2600m	3:35.00	(33.3)			
		3000m	4:20.66	(35.6)	3000m	4:08.31	(33.3)			
		3400m	4:56.55	(35.9)	3400m	4:41.59	(33.3)			
		3800m	5:33.24	(36.7)	3800m	5:15.05	(33.5)			
		4200m	6:10.53	(37.3)	4200m	5:48.76	(33.7)			
		4600m	6:47.52	(37.0)	4600m	6:21.97	(33.2)			
		5000m	7:24.83	(37.3)	5000m	6:55.08	(33.1)			

# Eindhoven Trofee/HC allround

IJssportcentrum Eindhoven - Eindhoven

28 en 29 november 2015

## 4. Rituitslag Heren OC 5000 meter

		Naam		Cat		PR		Tijd	Info
1	wt rd	3	<b>Elmar Visser</b>		HN1		7:08.97	<b>7:40.63</b>	
		<b>Elmar Visser</b>							
		200m	19.83	(19.8)					m
		600m	52.85	(33.0)					
		1000m	1:27.10	(34.3)					
		1400m	2:02.30	(35.2)					
		1800m	2:38.01	(35.7)					
		2200m	3:13.87	(35.9)					
		2600m	3:50.29	(36.4)					
		3000m	4:26.91	(36.6)					
		3400m	5:04.57	(37.7)					
		3800m	5:42.43	(37.9)					
		4200m	6:21.25	(38.8)					
		4600m	7:00.38	(39.1)					
		5000m	7:40.63	(40.3)					

		Naam		Cat		PR		Tijd	Info
2	gl	1	<b>Jordan McMillen</b>		HN2		7:08.13	<b>7:27.19</b>	
	bl	5	<b>Stein van Kuik</b>		HA2		7:35.74	<b>7:51.31</b>	
		<b>Jordan McMillen</b>							
		200m	21.04	(21.0)					
		600m	56.31	(35.3)					
		1000m	1:31.49	(35.2)					
		1400m	2:06.74	(35.3)					
		1800m	2:41.43	(34.7)					
		2200m	3:16.12	(34.7)					
		2600m	3:50.69	(34.6)					
		3000m	4:25.53	(34.8)					
		3400m	5:00.53	(35.0)					
		3800m	5:36.61	(36.1)					
		4200m	6:13.75	(37.1)					
		4600m	6:50.41	(36.7)					
		5000m	7:27.19	(36.8)					
		<b>Stein van Kuik</b>							
		200m	21.78	(21.8)					
		600m	56.33	(34.6)					
		1000m	1:31.65	(35.3)					
		1400m	2:07.09	(35.4)					
		1800m	2:42.84	(35.8)					
		2200m	3:18.54	(35.7)					
		2600m	3:54.93	(36.4)					
		3000m	4:32.35	(37.4)					
		3400m	5:11.06	(38.7)					
		3800m	5:51.74	(40.7)					
		4200m	6:31.64	(39.9)					
		4600m	7:11.67	(40.0)					
		5000m	7:51.31	(39.6)					